



PROCLAMATION

MENSTRUAL HEALTH DAY

MAY 28, 2024

WHEREAS Initiated by German non-profit WASH United in 2014, Menstrual Hygiene Day (MH Day) is a global day of action with more than 830 partner organizations working together to catalyze awareness and action towards a world without period poverty and stigma;

AND WHEREAS The date of 28 May represents the menstrual cycle (average duration of 28 days, with on average 5 days of bleeding);

AND WHEREAS This day highlights the importance of menstrual equity and public education that advocates for equitable access to proper menstrual health;

AND WHEREAS MH Day raises awareness about the challenges that women, girls and gender diverse people experience due to the menstruation;

AND WHEREAS Through open dialogue to help consider taboos surrounding periods, we can work to promote equitable access to period needs and products.

THEREFORE, I, Ann Lawlor, Mayor, of the Town of Halton Hills do hereby proclaim May 28, 2024 as **Menstrual Health Day**.

A handwritten signature in black ink that reads "Ann Lawlor".

Ann Lawlor
Mayor, Town of Halton Hills